

Clothing:

- Pack comfortable appropriate cloths
 - o T-shirts/shorts/jeans enough for 4 days
 - O You will receive a t-shirt to wear Monday
 - o Sandals or flip flops are fine for most events.
- Athletic cloths for the Champagnat Games
 - o Sneakers/Tennis Shoes must be worn.
- Some people bring a nicer outfit for Mass on Sunday evening
 - o This is not required but you will have time to shower and change
 - o Keep it classy but casual

Toiletries:

- Soap
- Shampoo
- Toothpaste
- Toothbrush
- Deodorant

Bedding:

We are VERY limited in extra so please remember!

- A Sleeping Bag or Twin Extra Long Bed Sheets
- Pillow and Pillow Case
- Towel
- Blanket

Trade – ables:

- Items with your school name/logo are fun to trade
 - o T-Shirts
 - o Sweatshirts
 - o Lanyards
 - o Magnets
 - o Stickers
 - o Etc

Extra Money:

- While at Esopus the Marist Young Adults will be selling the "Got Marist?" T-shirts for \$20 each. As well as St. Marcellin Champagnat Medals for \$5.
- Your meals will be provided from Dinner on Friday through breakfast on Monday. During your stay at Esopus, you will also be able to buy some snacks and beverages at the "Got Marist Canteen" a new addition to our weekend! All snacks items will be \$1, please bring cash.

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